

## TRADITIONAL HEALING – CARE AGREEMENT

### Training and Affiliation as a Traditional Healer

A Mara'akame is someone who has been initiated as a 'medicine person' in the tradition of the Huichol people of the Western Sierra Madres, Mexico. As Mara'akate (plural of Mará akáme) we offer healing, counsel and leadership. In 2000, Lisa was called by the Huichol ancestors to begin a long and rigorous apprenticeship in the tradition. In 2014, she became initiated as a Mara'akame by Tsaurrikame (elder shaman), Don Jose Sandoval, at La Laguna in Santa Maria Del Oro, Nayarit, Mexico. In 2003, the ancestors of the same tradition called Patrick to apprentice in the medicine ways to help our people. In 2009, he was initiated as a Mara'akame. Both have been inducted into the Sacred Fire Healing Ministry and authorized by the Temple of Sacred Fire Healing to work as a Mara'akame.

Ethical conduct is paramount to this path, which promotes and maintains balance. A Mara'akame fosters a living conversation with the natural world as a Divine manifestation. We recognize the importance of respectful, humane relationships and understand being a Mara'akame is a lifelong commitment to serve the needs of community. We have accepted the responsibilities of a traditional healer in this lineage. We maintain and renew our sacred vows regularly, for the benefit of helping our people and carrying the tradition in a good way for generations to come.

While trained and licensed as medical doctors, we offer healing and counsel outside of our licensure as physicians, but within our capacity as a Mara'akame (traditional medicine person) affiliated with the Temple of Sacred Fire Healing.

### Preparation for your appointment

- Unless otherwise indicated, preparation for your appointment includes fasting from both food and water (except for essential prescription medications) for 12 hours prior to each appointment.
- Please do not wear any make – up, perfume, scented lotion or essential oils, 12 hours prior.
- Feel free to bring a snack and drink with you, for after your appointment.
- During the term of your care please refrain from receiving other energetic treatments such as Reiki or acupuncture; unless we come to a decision together that additional support may be beneficial as part of your treatment plan.
- If you use alcohol or recreational drugs please discuss this with your healer at your first appointment so we can create agreements around these habits, to ensure treatment is as effective as possible. Please refrain from alcohol and recreational drugs at least 48 hours before your first appointment.
- Please refrain from using any psychoactive plant medicine while you are under our care.
- If you are able, give yourself time and spaciousness to walk on the land and visit the river before or after your session. There are 2 ½ miles of trails. This place helps support healing.
- **Please bring a signed copy of the last page of this care agreement.**

### **Fees**

- The cost is \$150/appointment, unless other arrangements are made.
- Payment can be made by credit card, cash, check, or Venmo - @patrick-hanaway
- Please let us know if you need a paper receipt.
- Unless there is a true emergency, missed appointments are charged if not cancelled within 48 hours.

**Directions: Home Office & Hearth:** 66 Rocky Hollow, Weaverville. (20 min N of Asheville)

- I- 26 north to Exit # 15: Jupiter-Barnardsville, Left off exit ramp on to Jupiter Rd.
- First right on to old 19-23 (no road sign). Go ½ mile, veer left on to Locust Grove Rd (blue sign)
- Go 1 ½ miles → Right at Rocky Hollow (gravel road) ~ ½ miles → Left at # 66 the mosaic heart sign → Continue left up the driveway past the house into the parking area → Walk past the house and pond to the outdoor waiting area by the wooden barrel → If its raining or cold, please wait on the covered porch by the main house.
- **Please wait until one of us comes to get you for your session.**

**AGREEMENT TO RECEIVE TRADITIONAL HEALING**

I consent to receive traditional healing from (select one of the following)

- \_\_\_ Lisa Lichtig

OR

- \_\_\_ Patrick Hanaway

I acknowledge that the services I receive make no claim to diagnose or treat illness or disease. I understand that services are not being offered under his/her licensure as a physician, but as a spiritual healer affiliated with the Temple of Sacred Fire Healing. I also agree to release Lisa/Patrick, their assistants and Family to Family from any liability and hold them harmless from any claims or liability related to any physical, mental or emotional condition that may arise or change. I agree to walk the land affiliated with #90, #66 or # 71 Rocky Hollow at my own risk. I agree to pay for services at the time of service. I understand that communications made by me (or my child) during a traditional healing appointment are privileged and confidential and will not be disclosed to any third party (other than their ministerial elders, if needed for further consultation) without my expressed written consent.

Signed: \_\_\_\_\_

Date: \_\_\_\_\_

Printed: \_\_\_\_\_

DOB: \_\_\_\_\_

Mailing address: \_\_\_\_\_

Email: \_\_\_\_\_

Phone: \_\_\_\_\_

**Home Office** ~ 66 Rocky Hollow, Weaverville, NC 28787  
~ [healing@familytofamily.org](mailto:healing@familytofamily.org) ~  
Tel (828) 251-2700 ~ Fax [(828)] 251-2725  
Patrick Hanaway ~ Tel (828) 713-1553  
Lisa Lichtig ~ Tel (828) 768-3302